

# **Almond Butter Banana Roll-Up**

## **Ingredients**

- 1 whole-grain tortilla
- 1 tbsp almond butter
- 1 banana

## **Instructions**

1. Spread almond butter on tortilla.
2. Add banana and roll up.
3. Slice into pinwheels.

## **Health Benefits**

Healthy fats, potassium, and protein.