

# **Baked Sweet Potato Sticks**

## **Ingredients:**

- 1 medium sweet potato, peeled and cut into sticks
- 1 tsp olive oil
- Pinch of salt (optional)

## **Instructions:**

1. Preheat oven to 400°F (200°C).
2. Toss potato sticks with oil.
3. Bake for 25–30 minutes, flipping halfway.

## **Why it's a hit:**

Naturally sweet, looks like fries but it's real food.