

Greek Chickpea Quinoa Salad

Ingredients:

- 1 cup cooked quinoa
- 1/2 cup chickpeas
- 1/4 cup diced cucumber
- 1/4 cup red bell pepper
- 2 tbsp olive oil
- 1 tbsp lemon juice

Instructions:

1. Combine all ingredients.
2. Chill and serve cold.

Benefits:

Heart-healthy and energizing, full of plant-based nutrients.
