

Horiatiki (Classic Greek Village Salad, Vegan)

Ingredients

- 1 cup diced tomatoes
- 1/2 cup chopped cucumber
- 1/4 red onion, thinly sliced
- 1/4 green bell pepper, sliced
- 6 Kalamata olives
- 1 tsp dried oregano
- 2 tbsp olive oil
- 1 tbsp red wine vinegar
- Optional: vegan feta cubes

Instructions

1. Combine all vegetables and olives in a bowl.
2. Whisk olive oil, vinegar, and oregano in a small cup.
3. Pour dressing over the salad and toss gently.
4. Top with vegan feta if using.

Benefits

Hydrating, antioxidant-rich, supports heart and digestive health.