

Mango Black Bean Quinoa Salad

Ingredients:

- 1 cup cooked quinoa
- 1 mango, diced
- 1/2 cup black beans
- 1/4 cup red bell pepper, diced
- 2 tbsp fresh cilantro, chopped
- Juice of 1 lime
- 1 tbsp olive oil
- Salt to taste

Instructions:

1. Combine all ingredients in a bowl and mix well.

2. Chill before serving.

Benefits:

Boosts immunity and digestion with fiber, vitamin C, and plant protein.