

Pikantiki Cabbage Salad

Ingredients

- 1 cup finely shredded white cabbage
- 1/2 cup shredded red cabbage
- 1/4 cup shredded carrot
- 2 tbsp chopped celery
- 1 tbsp chopped parsley
- 1 tbsp vinegar
- 1 tbsp olive oil
- Salt and black pepper

Instructions

1. Combine all ingredients in a bowl.

2. Drizzle with vinegar and olive oil.

3. Season with salt and pepper and toss well.

4. Let sit for 10 minutes before serving.

Benefits

Detoxifying, rich in fiber, and great for digestive health.