

Roasted Veggie Quinoa Salad

Ingredients:

- 1 cup cooked quinoa
- 1/2 cup roasted sweet potato
- 1/2 cup roasted zucchini
- 1/4 cup red onion
- 2 tbsp tahini
- Juice of 1 lemon
- Salt to taste

Instructions:

1. Roast veggies until tender and golden.
2. Toss with quinoa and tahini-lemon dressing.

Benefits:

High in antioxidants and supports healthy metabolism.