

Sweet Potato Pancakes (Picky Eaters)

Ingredients

- 1/2 cup mashed cooked sweet potato
- 1 egg
- 2 tbsp oat flour
- Dash of cinnamon

Instructions

1. Mix all ingredients in a bowl.
2. Heat a pan and pour small amounts to form pancakes.
3. Cook 2–3 minutes per side.

Health Benefits

- Sweet potatoes provide beta-carotene and fiber.
- Naturally sweet, no sugar needed.