

Turkey Zucchini Meatballs

Ingredients

- 1/2 lb ground turkey
- 1/2 zucchini, grated
- 1 egg
- 1 tbsp oat flour
- Garlic powder

Instructions

1. Mix ingredients.
2. Bake or pan-fry until golden.

Health Benefits

Lean protein, hidden veggies for picky eaters.