

Vegan Chocolate Flax Protein Balls

Ingredients

- 1 cup pitted dates
- 2 tbsp cocoa powder
- 2 tbsp ground flaxseed
- ½ cup almond flour
- 1 tbsp chia seeds
- 1 tbsp almond butter

Instructions

1. Pulse all ingredients in a food processor.
2. Roll into small balls.
3. Refrigerate for 1 hour before serving.

Health Benefits

- Flaxseed: Fiber and lignans
- Dates: Natural energy and iron
- Cocoa: Antioxidants and mood boost
- Chia: Omega-3s and protein